

TIPS & FAQs

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FABRIC RECOMMENDATIONS:

- 100% cotton – densely woven quilting cotton. If you have none, use old sheets or pillow cases !
- Kitchen towels have proven to be very effective.

PREPARING YOUR FABRIC:

- Wash your fabric 2 – 3 times before cutting out the mask. Masks need to be washed often, and this will prevent future shrinking.

ELASTIC:

- Elastic width: 1/8" – 5/8" works
- Elastic material: any braided, knitted or woven elastic will work. If you cannot find the width you prefer you can cut knitted elastic. Simply cut in between the channels of the elastic strands.

ELASTIC ALTERNATIVES:

If you don't have any elastic in your stash and you aren't able to purchase any, there are many creative solutions out there. Here are some common materials you can use in place of elastic:

- Elastic hair ties, headbands, rubber bands, cord or shoelaces
- Strips of fabric or jersey material (tee-shirts)
- Elastic from fitted bed sheets or old bra straps
- Bias Tape – use prepackaged tape or make your own, using a bias tape maker.

SEWING REQUIREMENTS:

No sewing machine? No problem. Many simple masks can be hand stitched with a needle and thread. Take stitches about 1/4" long or shorter.

HELPFUL TOOLS:

- Turners & Threaders such as a Drawstring Threader #235, Ezy-Pull® Bodkin #706, Ball Point Bodkin #783, Clip 'N Turn #792 or Loop Turner #647 are all good for threading elastic.
- Quilting Pins and Getta Grip® Sewing Clips hold layered fabric well
- Bias Tape Makers – #11747 (Includes both 1/2" and 1" sizes)
- Place Me Perfectly Tape – #53109, a latex-free 2-sided tape to hold mask in place

Please note: DIY face masks are not intended to prevent infection or disease.

