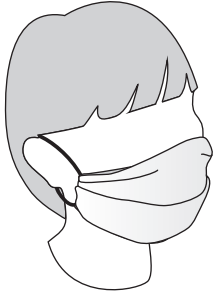


### 3 Easy Masks

#### LEVEL 1: SUPER EASY Hair Tie & Handkerchief

No sewing – No cutting!

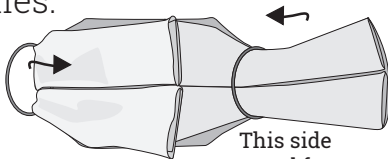


**You will need:**

- 1 hankie or cloth napkin, at least 18" x 18"
- 2 hair ties

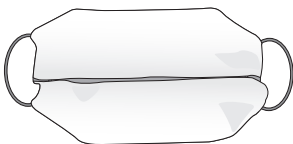
**How to:**

1. Open up the hankie and place it flat on work surface. Fold top & bottom edges to center.
2. Flip over. Fold top and bottom folded edges to center. Flip over again.
3. Slide one hair tie over each end. Fold ends of hankie over hair ties.



This side toward face

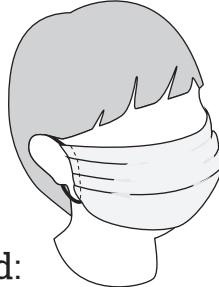
Wear with hankie ends toward your face.



This side faces out

#### LEVEL 2: BEGINNER Pleated Fabric Rectangle

Easy to sew by hand or machine.

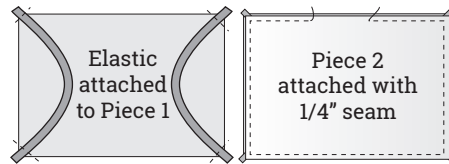


**You will need:**

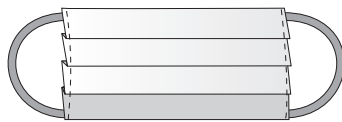
- 2 pcs. cotton 6" x 9"
- 2 pcs., 1/4" elastic 7" long

**How to:**

1. Sew elastic to side corners of one piece of fabric so it loops over center fabric.
2. Stitch second piece of fabric to first, right sides together. Leave 2" unstitched to turn.



3. Turn right side out. Stitch closed. Form 3, 1/2" pleats at each side. Stitch to hold.

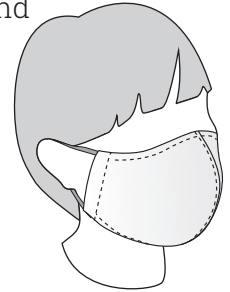


**No hair ties? Use a rubber band or knotted t-shirt strip!**

**No elastic? Use shoe strings or cut strips of t-shirts stitch as above and tie at back of head.**

#### LEVEL 3: A BIT MORE SEWING Cut & Shaped Fabric

Easy to sew by hand or machine.

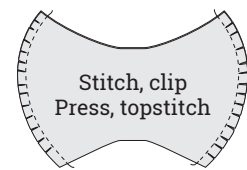


**You will need:**

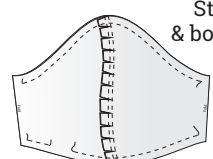
- 2 pcs. fabric 10" w x 7" h
- 2 pcs., 1/4" elastic, 10" long

**How to:**

1. Use mask pattern on page 2 to cut fabric.
2. Stitch short curved ends right sides together. Trim seams to 1/4" or clip. Press seams to side. Topstitch.
3. Align seams. Stitch top & bottom edges leaving 1/2" unstitched at folds; also leave 2" unstitched on bottom edge to turn. Trim seam to 1/4". Turn right side out. Press.

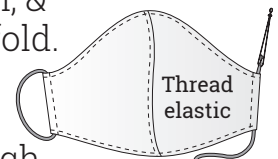


Stitch, clip Press, topstitch



Stitch top & bottom; turn

4. Stitch 1/2" from, & parallel to, each fold.
5. Use bodkin or safety pin to pull elastic through casing. Pin so only 2" of elastic is in casing. Fabric will gather slightly. Remainder goes around ear; test fit. Stitch; trim excess.
6. Topstitch top & bottom edges from fold to fold to secure elastic.

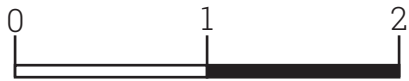
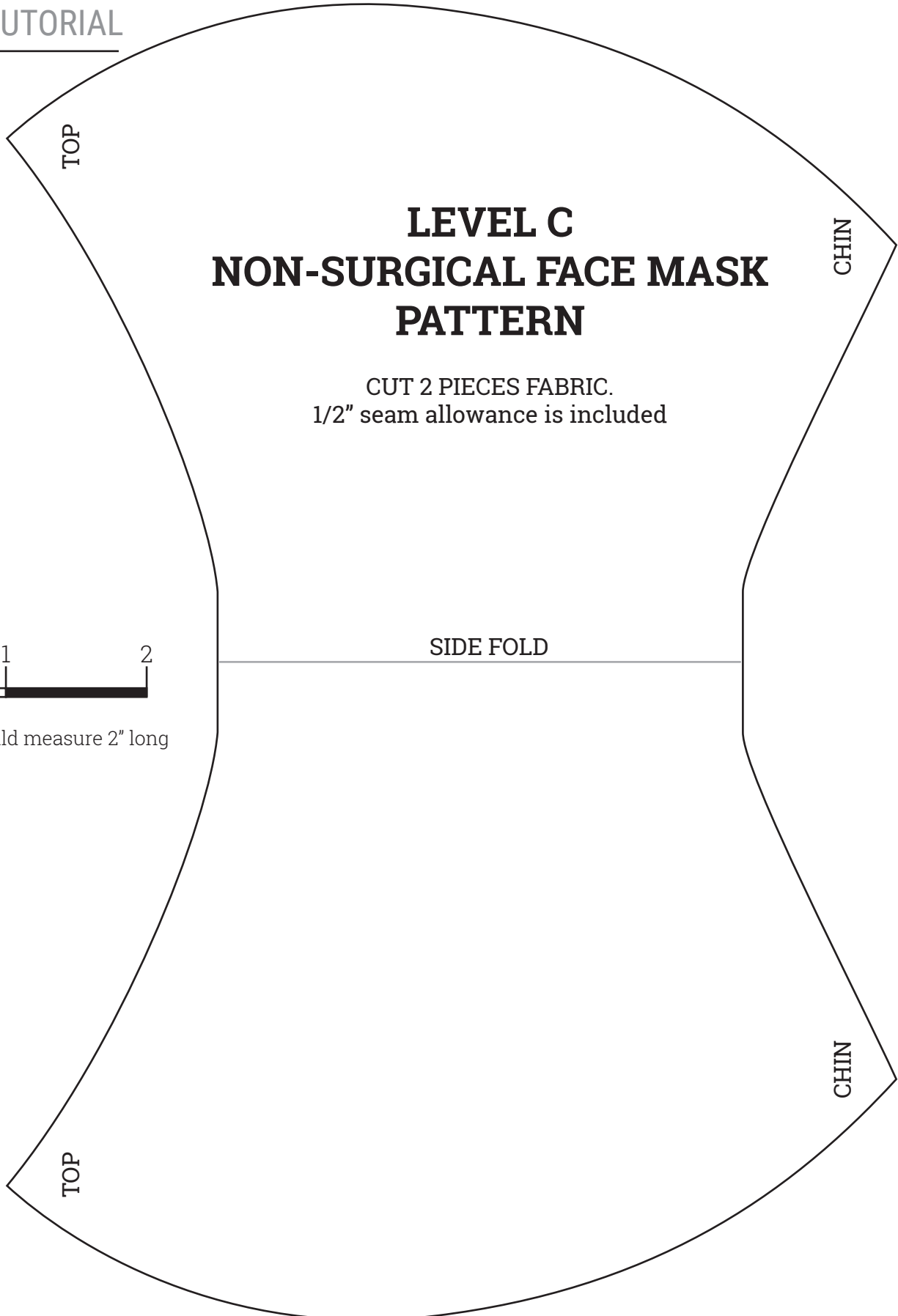


Thread elastic



Please note: DIY face masks are not intended to prevent infection or disease.

Non-Surgical  
Protective  
Face Masks



Print at 100%.  
This scale should measure 2" long



Please note: DIY face masks are not intended to prevent infection or disease.