



# Be Crafty.

## Technique Tutorial

### How To Finish Elastic

Elastic ends must be joined for waistbands or headbands. A zigzag stitch is all that is needed!

**Supplies:**

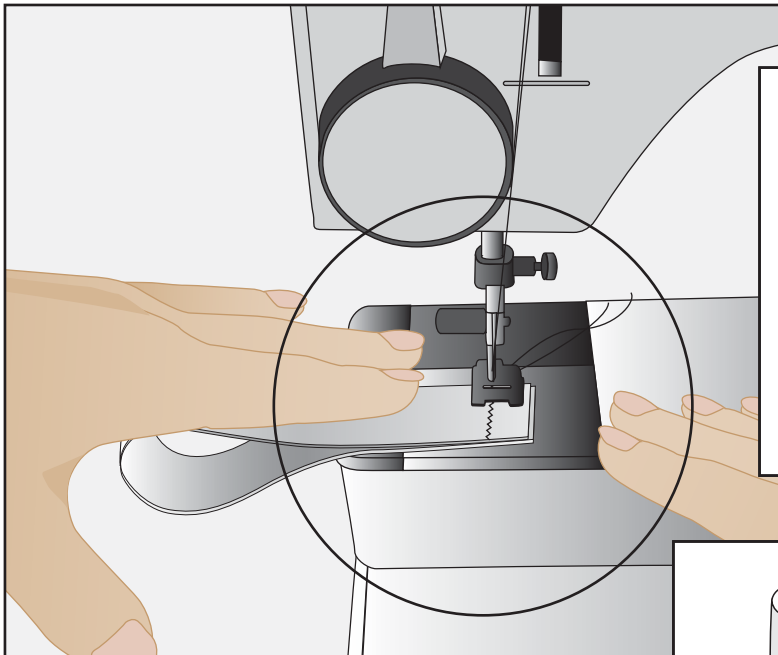
- Elastic of your choice
- Sewing Machine with Zigzag Stitch
- Straight Pins - any style

**FYI**



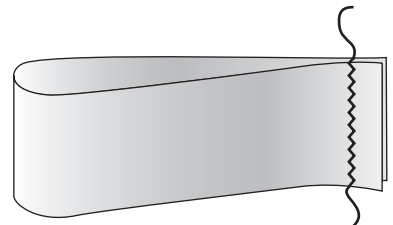
Elastic can be stitched to the fabric so it is completely visible, or so that it is hidden within a casing. This depends on the project, and the amount of fabric required varies, so decide this in advance!

When elastic is visible sew a seam:



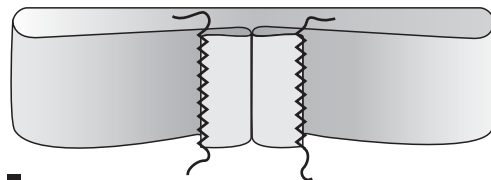
Use this method when attaching elastic to the outside of a skirt, or when making a headband.

**1.**



To sew a seam, use a short zigzag stitch set at about 1 (narrow), with a length set at about 1 ½, (short).

**2.**



Fold the seam allowance flat and stitch each edge with a medium zigzag, set at about 2 width and about 2 or 3 length.

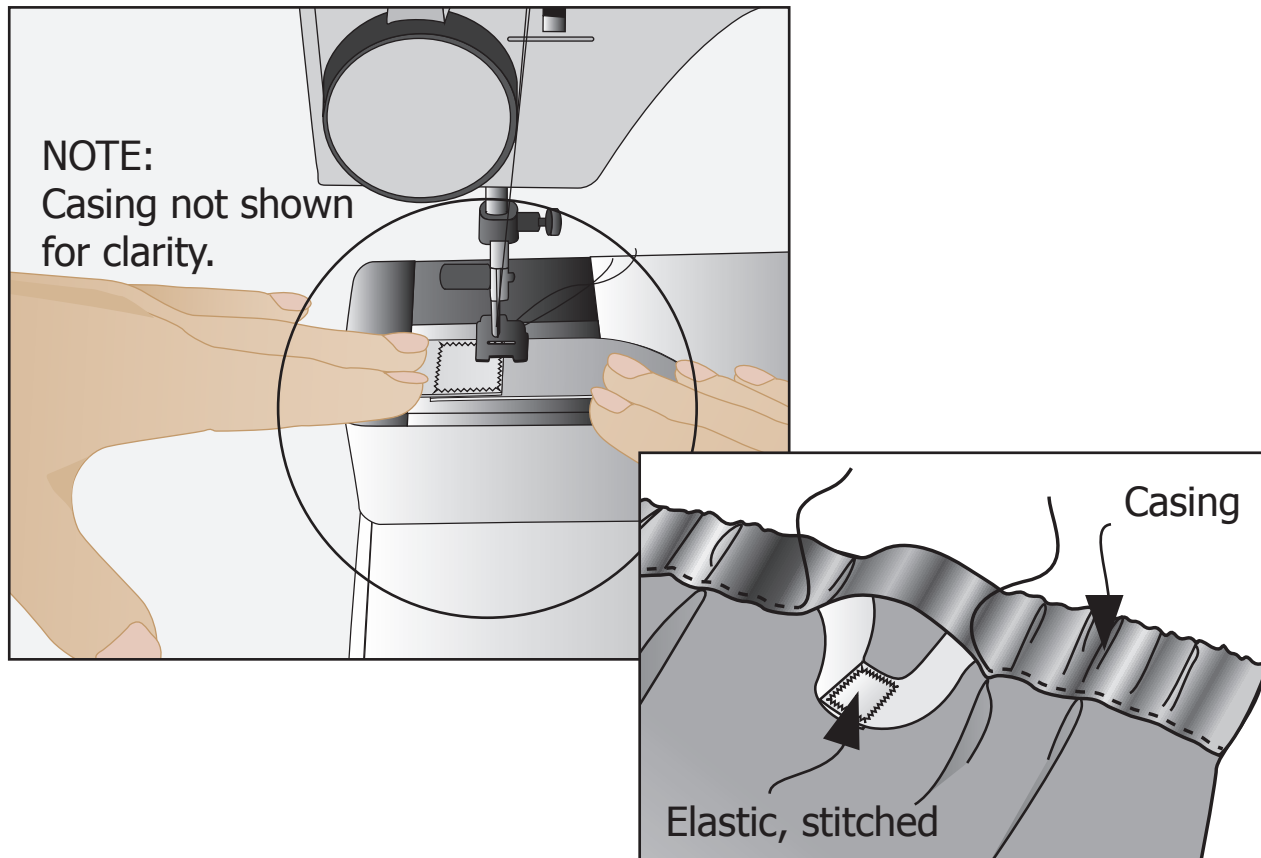


# Be Crafty.

## Technique Tutorial

### How To Finish Elastic (continued)

Overlap ends when using a casing:



NOTE: Joining elastic is done after pulling it through the casing. Leave an opening in the casing (in the seam, or in the casing stitching). Draw the elastic through the casing with an elastic threader or a large safety pin. When the elastic has been completely pulled through the casing, pull the ends out so you can work with them, and overlap the ends about 1". (Make sure the elastic is not twisted anywhere!) Pin. Stitch with a small zigzag as in the drawing. Push the elastic back into the casing, and stitch the opening closed.